

Polenta plus lentils and lentils water together



Amrudh



सोया बडी
**SOYA
BADI**

RICH IN
PROTEIN
VITAMINS



20%
More Protein

AMRUDH SOYA PVT. LTD.
B-10, Industrial Area, Phase II, Gurgaon - 122 002
Gurgaon, Haryana
www.amrudhsoya.com

Nutritional Information	
Per 100g	
Energy	1500 kJ
Protein	20.0g
Carbohydrate	15.0g
Fat	10.0g
Sodium	10.0g
Fiber	1.0g
Calcium	10.0g
Iron	1.0g
Vitamin A	10.0g
Vitamin B1	1.0g
Vitamin B2	1.0g
Vitamin B6	1.0g
Vitamin C	1.0g





Amruth

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COOKING INSTRUCTIONS

- 1. Wash the product thoroughly under running water.
- 2. Soak the product in water for 2-3 hours.
- 3. Drain the water and cook in a pressure cooker for 15-20 minutes.
- 4. After cooking, drain the water and use as per the recipe.
- 5. For best results, use the product within 24 hours of cooking.



WHY AMRUTH SOYA BADI?

- 100% Vegetarian
- High in Protein
- High in Fiber
- No Cholesterol
- Dairy Free
- Economical & Nutritious

NUTRITIONAL INFORMATION (per 100g)

Energy (kcal)	1600	kg
Protein (g)	54	g
Carbohydrate (g)	54	g
Fat (g)	54	g
Saturated Fat (g)	54	g
Total Fat (g)	54	g
Cholesterol (mg)	0	g
Sodium (mg)	54	g

INGREDIENTS:

Defatted Soya Flour,
Permitted Colorant (FD & CI)

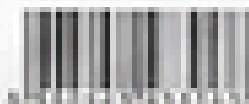
ALLERGEN ADVICE:

Contains Soya

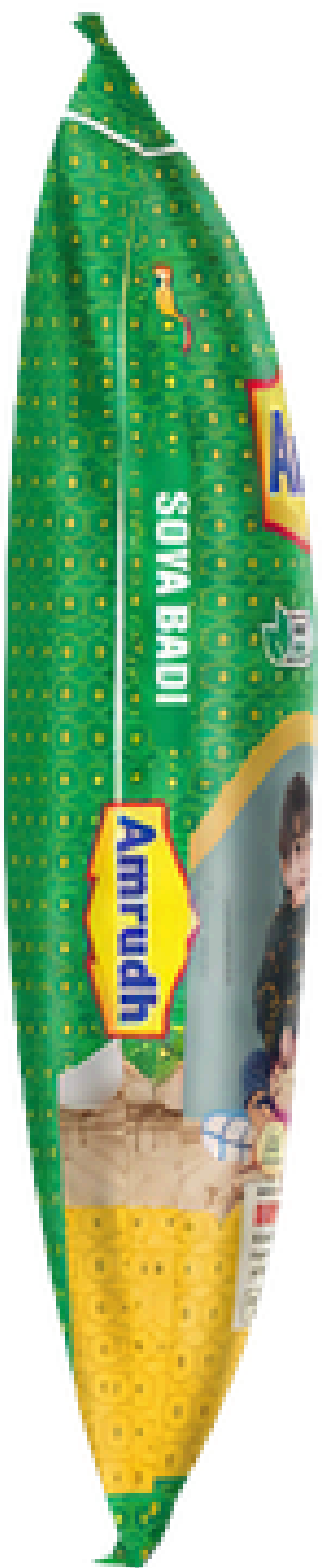
STORAGE INSTRUCTIONS:

Store in a cool, dry & hygienic place, keep away from moisture and direct sunlight.

PRODUCT OF INDIA







Amruth is the healthiest and tastiest snack for children



Amruth

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**SOYA
BADI**



AMRUTH & SONS

AMRUTH & SONS



Rich in
Protein
Vitamins

Save up to
20%
on Amruth

AMRUTH SOYA PVT. LTD.

Amruth Soya Pvt. Ltd. is a leading manufacturer of Amruth Soya Badi. The product is made from 100% soybeans and is a healthy and tasty snack for children. Amruth Soya Pvt. Ltd. is located in Mumbai, India.

AMRUTH

Net Weight	100g
Net Volume	100ml
Best Before	12 Months
Manufactured By	Amruth Soya Pvt. Ltd.
Address	Mumbai, India
Phone	022-XXXX-XXXX
Fax	022-XXXX-XXXX
Email	amruthsoya@gmail.com
Website	www.amruthsoya.com



Specification	Value
Product Type	Soya Chunks
Product Name	20 KG Soya Chunks
Form	Solid
Flavor	Original
Taste	Tasteless
Fat Contains (%)	0.50%
Vitamin	Vitamin B Complex
Protein	52%
Iodine	0 mg
Age Group	Old-Aged
Weight	20 kg
Shelf Life	12 Months
Packaging	Bag
Pack Size	20 kg
Flavor Base	Other (Soya)